

OLEUROPEIN (and derivatives)

Reduces the oxidation of LDL cholesterol, preventing atherosclerosis

Antiinflammatory

Antioxidant

Protects against the risk of hypertension

LACTOCOCCUS

Stimulates the immune system protecting us against colds and flu

BIFIDOBACTERIUM

Anti-inflammatory in intestinal diseases:

Reduction of eczema in irritable bowel, Crohn's disease, ulcerative colitis.

LACTOBACILLUS

(*bulgaricus*, *acidophilus*, *helveticus*)

Balance in gastro-intestinal transit

Improves cholesterol control

Prevents diarrhea

Ability to eradicate Helico Bacter Pylori

Increase in leukocytes

Benefits on irritable bowel

Benefits on vaginal infections

Facilitates the digestion of lactose

Prevents cystitis and other vaginal yeast infections

Improves mineral absorption for bones